From: Arellano, Joey
To: FLHouseDems

Subject: FOR IMMEDIATE RELEASE: Rep. Hunschofsky to Host Mental Health Town Hall

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September 1, 2023

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## Representative Christine Hunschofsky to Host Mental Health Town Hall with Special Guests from Eagles Haven, NAMI Broward, Dr. Poland, and Broward Behavioral Health Coalition

COCONUT CREEK, Fla. — State Representative Christine Hunschofsky (D-Parkland) will host a Mental Health Town Hall meeting at 7 PM on Tuesday, Sept. 12, 2023. This Town Hall meeting will be held in the Coconut Creek City Hall Commission Chambers at 4800 W Copans Rd, Coconut Creek, FL 33063.

Attendees will have the opportunity to hear about stress management and mental health resources available in the community. There will be a special presentation on suicide prevention from **Dr. Scott Poland, Psychology Professor with Nova Southeastern University**, along with a roundtable discussion from a panel of local mental health and wellness organizations including Eagles Haven, NAMI, and The Broward Behavioral Health Coalition. The panel will address mental health for all ages. Following the discussion, there will be limited time for questions.

"Our goal for this town hall is to empower and engage the community by bringing them together with knowledgeable professionals who can educate them on the resources available," said **Representative Hunschofsky**. "National Suicide Prevention Week, from September 10-16<sup>th</sup>, is an important time to educate and raise awareness about suicide prevention and mental health. Nearly everyone has encountered mental health challenges, either personally or through someone they know. The only way we can address this crisis is to openly talk about it, learn more about it, and identify what resources are available to address it."